

MORE ABOUT ADDIE WEN

Favorite Stroke:

Butterfly

The “fly” as it is affectionately called by swimmers, is a stroke is swum on the chest, both arms move symmetrically accompanied by a butterfly or dolphin kick. It is one of the most difficult swimming strokes because it requires precise technique and good rhythm.

Favorite Thing About Swim Team:

The social events and OMPA (Orinda Moraga Pools Association) summer recreational league.

Nine swim clubs compete with each other, ending the season with an OMPA championship meet. It is one of the largest swim meets in the country. Thousands of youths from Lamorinda participate in this major event.

Things You Are Most Looking Forward to About Summer:

I am so excited that I will finally be able to play water polo games, swim with my friends, and go places.

Favorite Waves Memory:

We were all lined up at the clerk of the course, sitting in our chairs waiting for the medley relay. Behind me were some of my friends from school. In front of me were some of my water polo teammates. We were all talking and laughing under the tent. Swim team is a great way to keep in touch with people from school over the summers as well as meet new friends in the community.

If You Could Give One Piece of Advice to Someone Who Is Trying Swim Team for the First Time, What Would It Be?

Don't worry too much about being the fastest swimmer in the pool, and just have fun!